

2 CHOOSE SIDES

NOODLES

Chow Mein 510 cal

RICE

Fried Rice 520 cal

White Rice 380 cal

A LA CARTE

Medium \$5.10 Large \$6.20

1 CHOOSE A MEAL

BOWL

1 Entree + Side(s)

240-1010 cal \$9.70

PLATE

2 Entrees + Side(s)

390-1500 cal \$11.35

BIGGER

PLATE

3 Entrees + Side(s)

540-1990 cal \$13.00

4 EXTRAS

DRINKS



Fountain 0-570 cal M \$3.29 L \$3.59

BOTTLES

Water \$3.79

Juice \$3.99

Drinks \$3.69

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information available upon request.

3 CHOOSE ENTREES

FAVORITES

The Original Orange Chicken® 490 cal 🌶️

Beijing Beef® 470 cal 🌶️

WOK SMART

300 CALORIES OR LESS AND AT LEAST 8G OF PROTEIN

Broccoli Beef 150 cal

Kung Pao Chicken 290 cal 🌶️

Grilled Teriyaki Chicken 300 cal

A LA CARTE

Small \$5.95 Medium \$9.60 Large \$12.60

PREMIUM A LA CARTE

Small \$7.65 Medium \$12.90 Large \$17.50